



# Angelic News

## November 2015



### Dates to Remember

**Mark your calendars! There's a lot to remember this month!**

Sunday	November 1	Fall back your clocks!
Sunday	November 8	Littlest Angels Sing in Church!*
Monday - Friday	November 9 – 13	Dine-to-Donate at Lutticken's
Wednesday	November 11	Veteran's Day/ <b>No School</b>
Wednesday	November 18	Picture Day!
Thursday	November 19	Picture Day!
Friday	November 20	Picture Day!
Tuesday	November 24	<b>No After Care Today</b>
Wednesday - Friday	November 25 – 27	Thanksgiving Holiday/ <b>No School</b>
Monday	November 30	M.A.D. Fun Backpack Kick Off Day!**

\* On Sunday, **November 8**, all of our Littlest Angels are invited to come and sing some favorite chapel songs with Pastor Jon! Please join us at 9:30 a.m. You may sit wherever you like and we will call the children up to sing at the proper time. We hope to see you there!

\*\* In past years, Littlest Angels Preschool has supported families in need by providing Christmas gifts for local needy families. Last year, we did something a little different that made a HUGE impact. We blessed 125 children in East Palo Alto and East Menlo Park with a backpack filled with school supplies for Christmas. We will be doing this again this year! Once we have the school supplies, the children will help fill the backpacks with their teachers in the classroom. We will also talk about these gifts and make sure they can see all of the backpacks when we are ready to give them away. Watch for information about how you can **Make A Difference** this Christmas!

### **I CARE CAT RULE #2: HANDS ARE FOR HELPING, NOT HURTING!**

We are learning that our hands can be used to help each other work together to get the job done. That's called cooperation! When we work and play together, it's more fun, and we get the job completed! That works for children and adults!

## *LISTENING?*

*We are given two ears, but only one mouth.  
This is because God knew that listening was twice as hard as talking.*

*The word LISTEN contains the same letters as the word SILENT.* Alfred Brendel

***WE DON'T LEARN FROM TALKING; WE LEARN FROM LISTENING.***

*Listen with your brain, ears, eyes and heart!*

*Focus! Are you listening to me? Pay attention! Look at me when I'm talking to you. Stop what you are doing and listen to me! When did you say that? I didn't hear you say that. You never said that.* We've all heard those comments over and over haven't we? This month at Littlest Angels we will be helping the little ones to "watch and listen carefully" ...to be attentive!

Kids are kids! Their attention will wander and they are easily distracted. The area of the brain that regulates attentiveness and self-control is one of the last areas of the brain to fully mature. That's why children just naturally have a shorter attention span than adults! But it's never too early to start practicing these skills.

Over the last forty-five years, I have learned that children learn to listen and be attentive in a setting of mutual respect, where every person is given a chance to speak and is heard with love and appreciation, where every individual is given an extravagant measure of attention because **every person is precious!** When children are allowed the time to express themselves at their own pace it creates a safe place for them to speak up and find their own voice, which will be very important in later years. If children experience early on that their thoughts, feelings, and opinions have value, they are more likely to continue to share them into their teenage and adult years. As children experience the joy of someone else's undivided attention, they learn to value listening and acquire the character to listen attentively to others.

Last week, at Back-to-School Night, I spoke to Littlest Angels parents about spending time with their little ones. The demands placed on families today are greater than ever. We live in a fast paced, high-tech world. Many parents are feeling stretched to the limit (many children are too!). I shared that children spell **LOVE** differently than most adults do. They spell it with a **T**, an **I**, an **M**, and an **E**. **TIME** is how most children spell **LOVE!** No amount of **LOVE** is too much for any child (or adult); you cannot separate **LOVE** from **TIME**. When we give someone the gift of **TIME** we are saying, "I value you. You are important to me!" I encouraged parents to intentionally set aside a regular time when their child could get their undivided, one-on-one attention... a time just to chat about their day, play, laugh, or read without any interruptions, to connect with them by disconnecting from distractions. And then really listen to them... **"with your ears, your eyes, your brain, and your heart!"!**

*"Listen earnestly to anything your children want to tell you, no matter what! If you don't listen eagerly to the little stuff when they are little, they won't tell you the big stuff when they are big because to them, all of it has always been big stuff!"*

Enjoy this special month of "thanks- giving"! I am so thankful we have a Heavenly Father who is "the best listener, you don't need to shout, nor cry out loud. Because He hears even the very silent prayer of a sincere heart!"

During this Thanksgiving season, the entire Littlest Angels Preschool Staff and I would like to wish you all a meaningful and blessed holiday. We consider your children to be very special blessings in our lives...thanks for sharing them with us!

God's richest blessings to you and those you hold dear,

Kathy Stinson  
Director



## LITTLE BUNNIES NEW



Leaves, leaves,  
Falling down,  
Falling on the ground.  
Red and yellow,  
Orange and brown,  
Leaves are falling down!

Fabulous fall is here! This season will bring lots of fun and learning to the Bunnies Class. We will create many colorful fall and Thanksgiving art projects. We will learn about fall harvest through songs and stories. We will talk about all the healthy fruits and vegetables we can eat.

Our color of the month will be brown. We will be reading *Brown Bear, Brown Bear What Do you See?*, making special Brown Bear projects, going on a Bear Hunt, and a Turkey Hunt, too! We will also enjoy some special theme related books this month. We'll be reading *Rah, Rah Radishes*, *The Thankful Book*, *We're Going on a Leaf Hunt*, *The Leaves on the Trees*, *The Busy Little Squirrel*, and *The Night Before Thanksgiving*.

We are so thankful for our precious Little Bunnies and for being a part of their first school experience.

Teacher Mindy, Teacher Lupe, and Teacher Ruth

---



## BUSY BEE NEWS

October was so exciting with our Halloween celebrations and projects but now we are ready to take an imaginary trip to the FARM! Chickens, horses, cows and pigs, oh my! We will learn all about all the interesting animals that live on the farm. We will talk about the food that the animals give us and the foods that are grown on the farm.

Here is a cute FARM song we will be learning/singing this month. Maybe you would like to sing it together at home, too!

### THE ANIMALS ON THE FARM

(Tune: Wheels on the Bus)

The cow in the barn goes moo, moo, moo,  
Moo, moo, moo, moo, moo, moo,  
The cow in the barn goes moo, moo, moo,  
All around the farm!  
The pig in the pen goes oink, oink, oink...  
The hens in the coop go cluck, cluck, cluck...  
The lambs on the hill go baa, baa, baa...  
The ducks on the pond go quack, quack, quack...



We will also be talking about Thanksgiving and all the people and things that we are thankful for. We teachers are so very thankful for each and every little Busy Bee!

We look forward to an awesome month!

Your very thankful teachers,  
Teacher Lisa and Teacher Lindsay

## LITTLE TURTLE NEWS



Greetings Turtle families! October was an exciting month as we learned about what grows on Old McDonald's Farm. We enjoyed all the fun and excitement when we celebrated Halloween!



In November, we will be exploring God's beautiful forests and the creatures that live there. Our colors for this month are brown and black. Our shape will be the triangle. We will finish our month learning about the Pilgrims and the Native Americans and the first Thanksgiving. We will be doing lots of arts and crafts to get ready to celebrate Thanksgiving, too!

Have a blessed Thanksgiving with your families and friends. As we take time to remember what we are truly thankful for, we want you to know that we are truly blessed by each one of our Little Turtles...they bring us joy each day!

God bless,  
Teacher Bettina and Teacher Teresita



## LITTLE BEARS NEWS



I'm a little cowboy!  
Here is my hat. Here are my spurs.  
And here are my chaps!  
As soon as I get up, I work all day,  
I get on my horse and ride away!



Howdy partners! One of our themes this month is "Frontier Life." We will learn about the wild, wild, west and have a great time pretending to be cowboys and cowgirls!

Later in the month our theme will be "THANKSGIVING." We will be discussing how Thanksgiving is a wonderful time of the year for giving thanks to the Lord for all of our many blessings. We will learn about the first Thanksgiving and make terrific turkey decorations for our classroom.

The turkey is a funny bird.  
His head goes wobble, wobble,  
All he says is just one word,  
Gobble, gobble, gobble!

Happy Thanksgiving!  
Teacher Ana and Teacher Amanda



October was full of nocturnal fun! We hope you are enjoying the nocturnal animal book your child created.

This month we will be learning about the wonderful changes that fall brings. We will learn about how leaves change color and what crops are harvested during this season. Our class will be learning about the First Thanksgiving and we will share what we are thankful for.

Our letters this month are F, C, and L. The color is orange and the shape is the triangle. Our virtue is attentive...."I can watch and listen carefully."

One of the poems we are learning is:

Five little squirrels sat in a tree.  
 This little squirrel asked, "What do you see?"  
 This little squirrel said, "My eyes are shut!"  
 This little squirrel said, "I'm looking for a nut!"  
 This little squirrel said, "One fell on my head!"  
 This little squirrel said, "Let's just go to bed!"  
 Then "whoo" went the owl and rustle went the leaves,  
 And five little squirrels scampered down the tree!



Blessings and Happy Thanksgiving!  
 Teacher Katie and Teacher Aida

---



## LITTLE TIGERS NEWS

Our themes for November are HIBERNATING ANIMALS and THANKSGIVING.

Our letters will be C, O, Q and G. Our color is brown and our shape is a triangle. Our virtue is attentive... "I can watch and listen carefully."

Our poem this month is: "Brown Bears Do It"



Brown bears do it;  
 Ladybugs too-  
 Bats and snakes,  
 And a frog or two.  
 Groundhogs, chipmunks,  
 In a sleepy state.  
 What do they do?  
 They hibernate!!!!!!



Thank you to all the parents who were able to be at Back-to-School Night. If you weren't able to attend, please make sure you send back your illustration of yourself. Also, please remember that we ask your child to leave all toys at home or in the car. We have plenty of choices for the children in our classroom.

Blessings,  
 Teacher Robin and Teacher Anna



Five little turkeys by the barn door, one waddled off, and then there were four.  
Four little turkeys sitting under the tree, one waddled off, and then there were three.  
Three little turkeys with nothing else to do, one waddled off and then there were two.  
Two little turkeys sitting in the sun, one waddled off, and then there was one.  
One little turkey—better run away! Soon it will be Thanksgiving Day!

What a magical time of year...so many opportunities for learning! The crispness in the air will soon be here...exciting changes everywhere! Take a walk with your little angels and discover the wonderful world God made. Create some “math moments” by collecting leaves — sort them by size, color, and shape!

Our themes for November will be LIFE ON THE FARM and THANKSGIVING FUN and TRADITIONS. Our letters are C, O, Q, G and our numbers are 5, 6, 7, 8, and 9. Our color is yellow and our shape is the rectangle.



We had lots of fun at our Halloween party! The children were adorable in their costumes. Thank you to all who helped to make our Halloween celebration special by providing treats!

Have a delightful Thanksgiving!

Teacher Staci and Teacher Lori

---



Teacher Kathy says...”Spend a little time together and make some ...PUMPKIN PLAYDOUGH!”

2 cups flour  
1cup salt  
2 cups water  
3 tsp. pumpkin pie spice  
2 tbsp. cooking oil  
4 tsp. cream of tarter  
Orange food coloring

Mix the ingredients in a large pan. Heat and stir until the dough begins to stick together in lumps.  
Remove and knead until the lumps are gone. Enjoy! Smells yummy!  
(You can substitute cinnamon for the pumpkin pie spice)

